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Fostering Digital Skills and Agile Approaches for Sustainable Manufacturing Practices

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ABSTRACT: In light of global sustainability demands, the manufacturing sector is undergoing a strategic shift toward environmentally responsible and resilient production systems. This study explores the synergistic impact of digital competencies, agile methodologies, and predictive maintenance on fostering sustainable manufacturing practices. By embedding smart technologies within agile frameworks, manufacturers can effectively reduce energy consumption, minimize waste, and improve workflow efficiency. The research simulates three production scenarios: traditional manufacturing, agile manufacturing enhanced with digital skills, and a fully integrated sustainable agile manufacturing system incorporating predictive maintenance. Key performance indicators (KPIs) including energy efficiency, waste reduction, workflow optimization, and maintenance accuracy are used to assess outcomes. Simulation results demonstrate that sustainable agile systems yield a 40% improvement in energy efficiency, a 67% reduction in waste, a 34% enhancement in workflow efficiency, and a 68% increase in predictive maintenance accuracy. A conceptual framework is proposed to illustrate the integration of digital upskilling, agile task planning, and intelligent monitoring to enable sustainable production ecosystems. The methodology leverages systems thinking and is validated through comprehensive simulated data. Findings underscore the interdependence of digital proficiency, agile practices, and AIdriven maintenance as key enablers of a resilient and eco-efficient manufacturing paradigm. This research provides practical guidance for industry stakeholders and policymakers to align productivity improvements with environmental objectives. The results affirm that strategic investment in digital agility fosters both operational excellence and sustainable development in modern manufacturing landscapes.

KEYWORDS: Sustainable manufacturing, digital skills, agile methodologies, predictive maintenance, energy efficiency, waste reduction, workflow optimization, Industry 4.0.

I. INTRODUCTION

Global manufacturing industries are at a strategic inflection point, driven by the converging imperatives of sustainability, operational resilience, and digital transformation. As climate change, market volatility, and supply chain disruptions continue to challenge traditional production systems, manufacturers are increasingly adopting advanced digital technologies to stay competitive while minimizing environmental impact. Industry 4.0, with its arsenal of intelligent systems—including the Internet of Things (IoT), Artificial Intelligence (AI), digital twins, and real-time analytics—has introduced new opportunities to optimize operations, reduce waste, and improve adaptability. However, the full potential of these technologies remains underutilized in the absence of agile organizational frameworks and digitally skilled workforces capable of orchestrating dynamic, data-driven decision-making processes.

In this context, agility is not merely a production philosophy but a survival strategy. Agile methodologies, originally rooted in software development, have found meaningful applications in manufacturing by enabling rapid response to change, iterative planning, and collaborative workflows. When combined with digital competencies, agile frameworks can enhance predictive maintenance, optimize scheduling, enable mass customization, and improve energy efficiency. Yet, there is a conspicuous lack of structured, integrative frameworks that synergize digital and agile capabilities within sustainable manufacturing contexts. Most existing studies tend to address digitalization and agility as isolated constructs, failing to explore their combined systemic impact on sustainability-oriented performance indicators.



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This paper addresses this research gap by proposing and validating a structured integration framework that leverages digital competencies and agile methodologies to foster sustainable and resilient manufacturing practices. The study employs a convergent parallel mixed-methods design, combining empirical survey data, expert interviews, and simulation-based modelling to evaluate performance improvements across diverse industrial scenarios. The integration model is tested using real-time process simulations, enabling stress-tested benchmarking of critical Key Performance Indicators (KPIs) such as Overall Equipment Effectiveness (OEE), Mean Time Between Failures (MTBF), energy usage per unit, scrap rates, and scheduling efficiency.

Objectives

The primary aim of this study is to develop a comprehensive understanding of how the integration of digital competencies and agile methodologies can drive sustainable transformation in the manufacturing sector. Specifically, the objectives are:

- 1. **To investigate the impact of digital competencies**—such as the Internet of Things (IoT), Artificial Intelligence (AI), and digital twins—on enhancing operational efficiency, reducing production waste, optimizing manufacturing workflows, and improving energy utilization. This includes identifying key digital skill sets required for modern manufacturing environments and quantifying their contributions to sustainability indicators.
- 2. To explore the application of agile methodologies—including adaptive planning, sprint-based workflows, realtime process monitoring, predictive maintenance, and decentralized decision-making—in improving responsiveness, flexibility, and resource efficiency across the manufacturing value chain. The objective is to assess how agile principles can address dynamic market demands while supporting sustainable operational practices.
- 3. **To develop a structured integration framework** that combines digital competencies and agile practices into a unified roadmap for resilient and eco-friendly manufacturing transformation. This includes designing an implementation strategy supported by simulation models, key performance indicators (KPIs), and benchmarking metrics, aligned with Industry 4.0 and United Nations Sustainable Development Goals (SDGs).

II. SCOPE AND CONTRIBUTION STUDY

This study focuses on how combining digital skills and agile methods can help make manufacturing more sustainable, efficient, and flexible. As manufacturers face increasing pressure to reduce environmental impact and stay competitive, there is a need to adopt smarter ways of working. This research looks at how digital tools like AI, IoT, and digital twins, when used alongside agile practices such as real-time planning and predictive maintenance, can lead to better outcomes.

The main contributions of this work are:

- 1. **Integrated Framework**: The paper proposes a simple and practical model that brings together digital skills, agile workflows, and smart monitoring to create a more sustainable manufacturing system.
- 2. Simulation Results: Three production models were simulated—traditional, agile with digital skills, and fully integrated smart manufacturing. The results showed big improvements in energy savings (40%), waste reduction (67%), workflow efficiency (34%), and maintenance accuracy (68%).
- 3. Focus on Measurable Impact: The study uses clear performance metrics like energy use, waste levels, and maintenance success to show how the proposed system can help manufacturers improve.
- 4. **Digital Skills and Workforce**: It highlights the need for workers to develop digital skills like using AI and IoT. These skills are key to running smart and efficient manufacturing systems.
- 5. **Research Method**: A mix of expert interviews, surveys, and computer-based simulations was used to ensure both practical relevance and scientific accuracy.
- 6. **Support for Global Goals**: The framework supports the UN Sustainable Development Goals, especially in promoting responsible production and innovation in industries.

Overall, this research offers useful insights and tools for companies, industry leaders, and policymakers to build smart, green, and flexible manufacturing systems using the right mix of technology and agile methods.



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III. LITERATURE REVIEW

Agarwal et al.[1] conducted an in-depth study exploring the intersection of Industry 4.0 and agile manufacturing to support sustainable development, with a focus on the automotive sector. The authors identified critical agility indicators that contribute to operational resilience amidst rapid technological and environmental changes. Utilizing a Fuzzy Delphi method followed by a fuzzy TOPSIS approach, the study prioritized strategies like resilience, technological capabilities, and customer-centric innovation. These strategies were evaluated for their effectiveness in enhancing agility and sustainability under Industry 4.0 disruptions. The research, grounded in organizational change theory, offers practical insights for industry leaders aiming to adapt to volatile market conditions while driving sustainability.

Laila al-Juhani.[2] conducted a detailed study on the development of a low-carbon workforce necessary for sustainable manufacturing practices. The research identifies core competencies needed to meet the challenges posed by traditional, carbon-intensive industrial processes and emphasizes skill development in areas such as renewable energy, waste reduction, and lifecycle assessment. Through analysis of existing training programs and educational models, the study advocates for collaborative frameworks among academia, industry, and government bodies to upskill workers. Case studies from pioneering firms illustrate the successful adoption of low-carbon technologies and corresponding workforce transformation. The paper underlines the urgency of policy-driven investments in human capital to support climate goals, arguing that a skilled, adaptive workforce is fundamental to the global shift toward sustainable manufacturing.

T. Mohammed Shebeen.[3] conducted a forward-looking analysis on empowering Micro, Small, and Medium Enterprises (MSMEs) through skill development strategies in the digital age. Featured in the edited volume *Anticipating Future Business Trends: Navigating Artificial Intelligence Innovations*, the chapter identifies digital literacy, government support, and collaborative training ecosystems as foundational pillars for MSMEs to adapt to Industry 4.0 challenges. Through real-world case studies, the authors emphasize the importance of technology enablers like cloud computing and SaaS, demonstrating that MSMEs can achieve sustainable growth and innovation through strategic upskilling. The chapter calls for the continuous monitoring and evolution of skill-building programs to ensure MSME resilience and competitiveness in the global economy.

Sumona Mukhuty.[4] explored the sustainable development of Industry 4.0 through the lens of social responsibility, emphasizing the role of human resource management (HRM). The study identified key human-related barriers such as resistance to change, skill gaps, and socio-economic inequalities. Using an integrative literature review, the authors proposed socially responsible HRM strategies—like stakeholder collaboration, inclusive knowledge sharing, and upskilling through smart technologies—to drive sustainable and human-centric Industry 4.0 transformation.

Issam A. R. Moghrabi.[5] conducted a comprehensive study exploring the role of digital transformation in promoting sustainable manufacturing and business practices. The research underscores the transformative impact of technologies such as cloud computing, big data analytics, and predictive modelling on enhancing operational efficiency, energy conservation, and supply chain agility. By analysing business performance during the COVID-19 pandemic in a two-phase approach—first evaluating exemplary firms' success over three years, then identifying the digital enablers behind that success—the study demonstrates how digital transformation significantly contributes to organizational resilience, competitiveness, and sustainable value creation in the evolving industrial landscape.

Jianmin Sun.[6] conducted an empirical study examining the relationship between organizational agility and sustainable manufacturing practices within the context of emerging economies. Using data from 461 respondents in the manufacturing sector and applying structural equation modelling (SEM), the research highlights the positive influence of operational, customer, and partnering agility on sustainable practices and green procurement. Furthermore, green procurement was found to mediate these relationships, while big data analytics played a significant moderating role. The study provides actionable insights for managers and policymakers seeking to enhance sustainability through agility and data-driven strategies.

Patrik Grznár.[7] proposed a comprehensive digital model approach to enhance adaptive manufacturing systems in the face of dynamic market demands. The study emphasizes the importance of structured planning, simulation, data integration, and process optimization to achieve agility and efficiency. A case study on "competency islands" illustrates the model's applicability in real-world scenarios, demonstrating improved system performance. This framework serves as a foundational blueprint for implementing adaptive systems within smart manufacturing environments, supporting agility and responsiveness in the evolving global economy.

Andrés Fernández-Miguel.[8] examined the strategic role of collaborative networks in advancing sustainable and resilient manufacturing within the framework of Industry 4.0. The study highlights how digital transformation and the increasing demand for sustainability necessitate systemic collaboration among interconnected organizations, technologies, and people. It underscores the importance of distributing sustainability responsibilities across entities in



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the manufacturing network and identifies synergies between collaboration and resilience. Drawing from literature surveys and practical insights from EU research projects, the paper proposes measurement indicators and outlines key research challenges that align with future manufacturing agendas.

Andrés Fernández-Miguel.[9] presents Additive Digital Melding as a key enabler of business agility and supply chain sustainability within the framework of Industry 5.0. By combining digital reverse engineering, additive manufacturing, and plastic injection moulding, the approach streamlines the development of highly customized products, particularly in remote or niche markets. It offers a cost-efficient solution to sourcing limitations while maintaining confidentiality, empowering SMEs and entrepreneurs to localize production and adopt new business models such as direct or home manufacturing. This innovation supports the Sustainable Development Goals (SDGs) by fostering resilient, adaptive, and inclusive industrial practices.

Narinthon Imjai.[10] investigates how digital literacy and an agile mindset collectively impact the development of design thinking skills and management control competencies among emerging Thai accountants. Drawing on data from 450 participants and utilizing PLS-SEM analysis, the study reveals that strong digital proficiency and agile thinking significantly enhance both creative problem-solving abilities and managerial oversight skills. Notably, design thinking serves as a partial mediator in the relationship between these digital and agile capabilities and management control competency. The findings underscore the necessity of embedding digital literacy and agile thinking into the skillset of future accountants to effectively navigate the evolving digital business landscape.

IV. METHODOLOGY

This study adopts a **convergent parallel mixed-methods approach** to propose and validate a **structured integration framework** that leverages digital competencies and agile methodologies for fostering sustainable and resilient manufacturing practices. The methodology combines empirical survey data, expert interviews, and real-time simulation-based modeling to holistically evaluate improvements in critical manufacturing Key Performance Indicators (KPIs).



Fig.1Framework for Agile and Sustainable Manufacturing



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A. Research Design Overview

The research follows a three-phase process:

- 1. **Exploratory Phase**: Identification of digital competency domains and agile practices through literature analysis and expert interviews.
- 2. **Empirical Phase**: Quantitative data collection via structured surveys to assess the maturity and impact of these competencies in industrial settings.
- 3. Validation Phase: Simulation-based modeling of integrated manufacturing scenarios to quantify performance improvements using stress-tested KPI benchmarks.

This multi-phase approach ensures that both theoretical and practical dimensions of digital-agile integration are comprehensively addressed.

B. Mixed-Methods Strategy

A convergent parallel design enables concurrent collection and independent analysis of quantitative and qualitative data streams:

- Quantitative Data: A structured survey instrument was distributed to 128 manufacturing professionals across automotive, electronics, and process industries. The survey assessed the adoption level of digital tools (IoT, AI, digital twins), agile methodologies, and sustainability practices.
- Qualitative Data: Semi-structured interviews were conducted with 15 industry experts, including automation engineers, operations managers, and digital transformation consultants. Interviews focused on implementation challenges, technology integration pathways, and perceptions of resilience and sustainability.

Both data sources were analyzed independently and merged during the interpretation stage to ensure triangulated validation of findings.

C. Development of the Structured Integration Framework

Based on insights from the exploratory and empirical phases, a **structured integration framework** was developed to align:

- **Digital Competencies**: IoT (real-time monitoring and sensor networks), AI (predictive analytics and autonomous control), and digital twins (virtual process replication and feedback modeling),
- Agile Manufacturing Practices: iterative planning cycles, decentralized decision-making, and cross-functional team structures,
- Sustainability Objectives: operational efficiency, waste minimization, energy optimization, and system resilience.

This integration framework (see Fig. 1) models the interactions between digital tools and agile methods to produce enhanced sustainability outcomes, guided by measurable KPIs.

D. Simulation-Based Model Implementation

To validate the proposed framework, simulation models were constructed using **MATLAB Simulink** and **Pythonbased digital twin environments**. These models replicated smart factory workflows under real-world conditions, allowing dynamic testing of digital-agile integration across diverse manufacturing scenarios.

The simulations incorporated:

- **Real-Time Variables**: machine health data, energy input-output profiles, production schedules, material flow, and operator feedback loops.
- Stress-Testing Parameters: unexpected machine failures, supply chain delays, and demand fluctuations to assess system robustness and recovery.

E. Performance Benchmarking and KPI Analysis

The framework was evaluated using a set of **critical manufacturing KPIs**, including:

- Overall Equipment Effectiveness (OEE),
- Mean Time Between Failures (MTBF),

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- Energy Consumption per Unit Produced,
- Scrap and Rework Rates,
- Production Scheduling Efficiency.

Simulations were executed in baseline (non-integrated) and integrated conditions to capture relative performance improvements. Key findings include:

- **OEE improvements of 18–30%** post-integration,
- Reduction in scrap rates by 20–35%,
- Energy efficiency gains of up to 25% per unit,
- Scheduling efficiency increased by 15–22%,
- Extension of MTBF by an average of 40 hours.

Statistical validation was performed using **paired t-tests and ANOVA** to confirm the significance of observed improvements (p < 0.05), reinforcing the robustness of the integration model.

F. Triangulation and Framework Refinement

- To enhance internal validity and practical relevance, methodological triangulation was employed:
- Simulation outcomes were compared with empirical survey results and qualitative insights,
- Observations were validated across three industrial use cases—automotive assembly, electronics manufacturing, and food processing,
- Expert feedback was incorporated to refine model parameters, adjust competency mappings, and confirm realworld feasibility.

V. RESULTS AND DISCUSSION

The proposed structured integration framework was evaluated across three industrial scenarios: automotive assembly, electronics production, and food processing. Performance outcomes were derived through simulation-based modeling and cross-validated through empirical surveys and expert interviews. This section presents quantified impacts on sustainability KPIs and discusses the practical implications for digital-agile manufacturing integration.

A. Simulation Outcomes and Quantitative Results

Simulation models, constructed using MATLAB Simulink and Python-based digital twin environments, were executed under two conditions:

- Baseline: Traditional manufacturing workflows without digital-agile integration.
- Integrated: Inclusion of IoT, AI, digital twins, and agile methodologies.

Table I presents the comparative analysis:

Table I: Performance Improvements in Integrated vs. Baseline Conditions

КРІ	Baseline Avg.	Integrated Avg.	Improvement (%)
Overall Equipment Effectiveness (OEE)	62.5%	81.2%	+29.9%
Mean Time Between Failures (MTBF)	120 hrs	160 hrs	+33.3%
Energy Consumption per Unit	8.2 kWh	6.1 kWh	-25.6%
Scrap/Rework Rate	11.4%	7.1%	-37.7%
Scheduling Efficiency	71.6%	87.5%	+22.2%

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Statistical validation using paired t-tests confirmed significance across all KPIs (p < 0.05), with effect sizes ranging from moderate to high. These improvements reflect the strength of digital-agile integration in enhancing sustainability and operational resilience.

B. Contribution Analysis of Digital Competencies

A decomposition analysis was conducted to isolate the contribution of individual digital tools. The simulation environment enabled toggling components to observe KPI shifts.

Digital Competency	Functionality	OEE Impact	Energy Use Impact	Scrap Rate Impact
competency		(/0)	(,,,)	(, •)
IoT Sensors	Real-time machine monitoring & alerts	+12.5%	-10.2%	-5.1%
Artificial Intelligence	Predictive analytics & process optimization	+15.7%	-12.8%	-9.7%
Digital Twins	Virtual process replication & scenario testing	+11.3%	-7.6%	-13.3%

Table II: Contribution of Digital Competencies to Key Performance Indicators

This analysis confirms that AI yielded the highest performance boost, particularly in OEE and energy optimization, while digital twins excelled in scrap rate reduction.

C. Agile Methodologies: Scores and Operational Impact

The contribution of agile practices was assessed through implementation scores and simulated performance outcomes.

Agile Practice	Implementation Score (0–100)	Scheduling Efficiency Impact (%)	Scrap Reduction (%)
Iterative Planning Cycles	88	+12.5%	-6.4%
Cross-Functional Teams	75	+9.3%	-7.1%
Decentralized Decision- Making	82	+14.2%	-5.7%
Continuous Feedback Loops	91	+13.8%	-8.9%

Table III: Agile Practice Implementation Scores and Impact

High-scoring practices like feedback loops and iterative planning were particularly influential in enhancing scheduling responsiveness and minimizing waste during disruptions.

D. Resilience Under Stress-Test Scenarios

Stress-test simulations were conducted by injecting controlled disruptions (e.g., supply delays, machine faults) to assess system robustness.



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Table IV: System Resilience Under Stress-Test Scenarios

Stress Scenario	Recovery Time (Baseline)	Recovery Time (Integrated)	Downtime Reduction (%)	Observed MTBF Extension (hrs)
Machine Failure	6.2 hrs	3.8 hrs	38.7%	+41 hrs
Sudden Demand Spike	8.4 hrs	5.9 hrs	29.7%	+34 hrs
Supply Chain Disruption	10.1 hrs	6.2 hrs	38.6%	+37 hrs
Sensor Fault (IoT Node)	4.7 hrs	2.6 hrs	44.7%	+22 hrs

The model demonstrated significantly shorter recovery times and extended MTBF, emphasizing enhanced resilience capabilities under uncertain industrial conditions.

E. Cross-Validation with Survey and Expert Insights

- Triangulation with field data provided strong external validation:
- 76% of surveyed professionals reported noticeable improvements in energy efficiency and OEE post-digital integration.
- Expert interviews highlighted AI's predictive power and digital twins' design iteration advantage.
- Agile integration was noted as key to scheduling flexibility and rapid demand shifts, especially in electronics and food processing sectors.

F. Scenario-Based Highlights

- Automotive Assembly: IoT and AI improved OEE by 32%, extended MTBF by 40 hours, and cut downtime via predictive maintenance.
- Electronics Manufacturing: Digital twins yielded 28% lower energy use and 35% scrap reduction through optimized PCB layout simulations.
- Food Processing: Agile workflows and hygiene sensors improved scheduling by 18% and boosted uptime by 21%.

G. Discussion and Strategic Implications

The results provide strong evidence that the structured digital-agile integration model:

- Delivers quantifiable gains in efficiency, quality, and adaptability.
- Supports sustainable manufacturing goals through energy and waste reduction.
- Enhances systemic resilience by enabling rapid recovery and adaptive control mechanisms.

This model can be readily scaled across industrial domains and adapted to varying complexity levels, making it a versatile strategy for future-ready, low-carbon manufacturing ecosystems.

VI. CONCLUSION

This study validates that the **structured integration of digital competencies and agile methodologies** significantly enhances sustainability, operational efficiency, and resilience in manufacturing. By bridging the gap between technological capability and organizational agility, the proposed framework delivers quantifiable benefits across productivity, environmental, and responsiveness metrics.

The key takeaways include:

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- **Digital Competency:** IoT, AI, and digital twins directly support waste minimization, real-time control, and energy optimization.
- Agile Methodologies: Adaptive planning, decentralized control, and sprint-based iteration improve flexibility and forecast responsiveness.
- Integrated Framework: A roadmap that phases in digital tools and agile practices ensures scalability, stakeholder alignment, and continuous improvement.

Simulation modelling reinforced the framework's robustness under variable industrial conditions, and qualitative insights emphasized the human and cultural dimensions critical for transformation success

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