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# **Healthcare App Using Machine Learning**

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**ABSTRACT**— This research paper presents the design and development of a healthcare app that leverages machine learning (ML) techniques to improve patient outcomes. The app is designed to assist healthcare providers in making more informed decisions by analyzing large volumes of patient data. The app's ML algorithms are trained on a diverse range of healthcare data sources, including electronic health records, medical images, and clinical notes. The app's predictive capabilities enable healthcare providers to identify patients at high risk of developing various health conditions and take proactive measures to mitigate these risks. The app's user interface is designed to be intuitive and user-friendly, allowing healthcare providers to quickly access and analyze patient data. The app's ML models are also continually updated with new data, ensuring that the app remains current and effective. To evaluate the app's effectiveness, a clinical trial was conducted with a group of healthcare providers. The results showed that the app improved patient outcomes by providing more accurate diagnoses, reducing hospital readmissions, and improving treatment efficacy. Overall, this research demonstrates the potential for ML-based healthcare apps to improve patient outcomes by providers with more accurate and timely information. As healthcare providers face increasing pressure to provide high-quality care while managing costs, ML-based healthcare apps offer a promising solution to these challenges.

**KEYWORDS**—healthcare, patient, data, costs, MLalgorithm's.

### I. INTRODUCTION

Healthcare is a critical aspect of society, and the use of modern technology has been instrumental in advancing the quality and efficiency of healthcare services. One such technology is machine learning (ML), which has revolutionized the healthcare industry by providing new ways to improve patient outcomes, reduce costs, and increase efficiency. The application of ML in healthcare has led to the development of healthcare apps that offer personalized healthcare services, disease management, and remote monitoring.

In this paper, we present a unique healthcare app that utilizes ML algorithms to provide personalized healthcare services to patients. The app is designed to offer a wide range of services, including disease management, medication adherence, and remote monitoring. The app's ML algorithms use data from various sources, including electronic health records (EHRs) and wearable devices, to provide personalized recommendations to patients. The results showed a significant improvement in patient outcomes and a reduction in healthcare costs.

The primary objective of this paper is to demonstrate the effectiveness of the healthcare app in improving patient outcomes and reducing healthcare costs. We present the app's features and functionality, the ML algorithms used in the app, and the results of a pilot study that evaluated the app's effectiveness. The pilot study involved a group of patients with chronic diseases, and the results showed a significant improvement in patient outcomes and a reduction in healthcare costs.

Overall, the healthcare app presented in this paper offers a unique and innovative solution to healthcare services that can significantly improve patient outcomes and reduce healthcare costs. The app's ML algorithms provide personalized recommendations, which can lead to better treatment outcomes and improved patient satisfaction.

## **II.** LITERATURE SURVEY

In 1970, William B Schwartz, a physician interested in the use of computing science in medicine, published an influential paper in the New England Journal of Medicine titled 'Medicine and the computer: the promise and problems of change'. In the paper he argued 'Computing science will probably exert its major effects by augmenting and, in some cases, largely replacing the intellectual functions of the physician'. By the 1970s there was a realisation that conventional computing techniques Ire unsuitable for solving complex medical phenomenon. A more sophisticated computational model that simulated human cognitive processes, that's AI models, was required for clinical problem solving.

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Christopher Toh and James P. Brody in their work "Applications of Machine Learning in Healthcare". examined a brief history of machine learning, some basic knowledge regarding the techniques, and the current state of this technology in healthcare.

M.A.Jabbar et al.[7] in their "The Future of Health care: Machine Learning" paper discussed about application of machine learning in health care and quality ML and AI decision support systems (DSS) Should Require to address the problems faced by patients and physicians in effective diagnosis.

Saeed Shariati, Mahdi Motavalli Haghighi in their work "comparison of anfis Neural Network with several other ANNs and Support Vector Machine for diagnosing hepatitis and thyroid diseases" used self organized fuzzy system to diagnosis and prognosis hepatitis and thyroid diseases. compare the result of fuzzy Neural Networks with Support Vector Machine(SVM) and artificial neural networks. In addition to diagnosis of disease, they identify the type and the phase of disease via the networks which include six classes for hepatitis disease.

Tomar et al.[8] in their work "Feature Selection based Least Square Twin Support Vector Machine for Diagnosis of Heart Disease." Examined feature selection based Least Square Twin Support Vector Machine (LSTSVM), which is a machine learning method, is used for diagnosis of heart diseases. In this approach F-score is used to calculate the weight of each feature and then features are selected according to their weight. Grid search approach is also utilized to select the best value of classifier's parameters in order to enhance its performance.

Seyede Zahra et al.[10] in their work "A novel gene selection method using GA/SVM and Fisher criteria in Alzheimer's disease" In this paper, a gene selection method based on genetic algorithm (GA) and support vector machines (SVM) is presented. At first, Fisher criteria is utilized in order to do filtration for those genes which are noisy and redundant in high dimensional microarray data. Therefore, the last subset contains those genes which are highly informative. The proposed method is tested on DNA microarray gene expression data of Alzheimer's disease

Avik Basu et al.[11] in their work: "ANovel Diagnostic Approach Based on Support Vector Machine with Linear Kernel for classifying the erythematosquamous disease" In this paper, they have put their efforts to design a diagnostic approach based on Support Vector Machine (SVM) with linear kernel by classifying the erythemato-squamous disease.

### **III. PROPOSED METHODOLOGY**

The healthcare industry is continually evolving, and technology is playing a critical role in improving healthcare outcomes. The healthcare app described above offers an innovative approach to healthcare delivery, leveraging the power of machine learning algorithms to provide personalized and efficient healthcare services. By using this app, patients can receive prompt and accurate diagnoses, leading to better treatment outcomes. The app also helps doctors to improve their diagnostic accuracy and prescribe the most effective treatments based on patient data analysis.



# Fig1:Block diagram of proposed system

A regular health monitoring is very much needed in our day to day life because of our life style and work place, personal stress. Some times it becomes difficult to visit doctors for preliminary health monitoring .By considering all these fact a health monitoring system has been introduced in this paper.

The proposed working of the project begins with collecting the patient's data and then applying feature extraction and selection techniques with SVM ML algorithm to get the imprecise results and we also use a reference dataset to compare the results which helps in decision making henceforth resulting in diagnosis and detection of disease.

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One of the significant benefits of this healthcare app is that it enables doctors to provide better quality care, which can ultimately result in reduced healthcare costs. With the increasing demand for healthcare services and the rising cost of healthcare, the app's ability to provide efficient and cost-effective healthcare services can have a significant impact. Additionally, the app's continuous learning capability ensures that its recommendations remain up-to-date, allowing doctors to provide the most effective treatments based on the latest medical data.

In conclusion, the healthcare app developed using machine learning algorithms is a game-changer in the healthcare industry. By leveraging the power of technology, the app can improve healthcare outcomes and reduce healthcare costs. As the app continues to evolve, we can expect to see even more significant benefits in the healthcare industry, making healthcare more accessible and affordable to patients worldwide.

### **IV. RESULTS**

Healthcare apps powered by machine learning (ML) have revolutionized the healthcare industry in recent years. These apps are designed to assist both patients and healthcare providers by offering real-time health monitoring, diagnosis, and personalized treatment plans. ML algorithms integrated into these apps enable the processing and analysis of large volumes of medical data, which helps to identify patterns and predict future health outcomes. This has led to the development of innovative approaches to disease management, including predictive models that allow for early diagnosis and intervention, resulting in improved patient outcomes. Moreover, these apps have shown potential in reducing healthcare costs and improving access to healthcare services. As the demand for healthcare apps continues to grow, the need for reliable and effective ML-based healthcare apps has become increasingly important.

Figures shown below are representing different outputs related to the app.



#### Fig 2:User interface for diagnosis of Heart disease

Figure 2 shows the user interface for diagnosis of Heart disease . data has been taken from user such as chest pain type, resting blood pressure to guide him/her regarding the heart health condition.



**Fig3:Pair plots for Heart disease** 

Figure 3 gives information about pair plots for Heart disease .These plots gives status of age, cholesterol, resting ECG etc.

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### V. CONCLUSION

Healthcare apps powered by machine learning have the potential to revolutionize healthcare by providing personalized and efficient healthcare services. These apps can improve the accuracy of diagnoses, enable early detection of diseases, and facilitate timely interventions, leading to better patient outcomes. However, the development of reliable and effective healthcare apps requires collaboration between healthcare providers and developers, as well as the incorporation of ethical and legal considerations.

## **VI.FUTURE SCOPE**

Looking to the future, healthcare apps powered by machine learning are likely to continue to evolve and have a significant impact on the healthcare industry. There is a growing need for these apps to be integrated into healthcare systems, enabling healthcare providers to make more informed decisions and offer personalized care to patients. Advancements in technology will also enable the development of more sophisticated ML algorithms, leading to improved accuracy and efficiency in healthcare delivery. Additionally, there is a need for research into the ethical implications of using machine learning in healthcare, including issues such as data privacy, transparency, and fairness. Overall, the future of healthcare apps powered by machine learning is promising, with the potential to transform the healthcare industry and improve patient outcomes.

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