INTERNATIONAL JOURNAL OF INNOVATIVE RESEARCH

IN COMPUTER & COMMUNICATION ENGINEERING

INTERNATIONAL STANDARD SERIAL NUMBER INDIA

Impact Factor: 8.165

Implementation of Patient Telemonitoring System Using IOT

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ABSTRACT: In these recent years, people are much more concerned about their health as diseases arising day by day are more. Hence it is very much important to monitor the health. This system presents the design and implementation of IOT based health monitoring system which incorporates temperature and pulse rate sensors, blood pressure, respiratory. The patient's body will be monitored continuously and the doctor can know about the patient's condition while sitting somewhere in front of a computer screen. Whenever the condition of the patient goes abnormal an alert will be sent to the doctor through the mobile app so that he can diagnose the problem immediately which helps to save patient's life.

I. INTRODUCTION

In Remote health monitoring system is an extension of a hospital medical system where a patient's vital body state can be monitored remotely. Traditionally the detection systems were only found in hospitals and were characterized by huge and complex circuitry which required high power consumption. Continuous advances in the semiconductor technology industry have led to sensors and microcontrollers that are smaller in size, faster in operation, low in power consumption and affordable in cost. This has further seen development in the remote monitoring of vital life signs of patients especially the elderly

II. LITERATURE SURVEY

1.)Mohammed,Jassasabdullaha.qasemqusay, h.Mahmoud " **A smart system connecting e-health sensors and the cloud**" International Journal of Applied Engineering Research Volume, Canada,2017.

This paper presents the design and implementation of an e-health smart networked systemThe sensors transfer data from patients' bodies over the wireless network to the cloud environment.

2.) Han-pang huang and lu-peihsu **"Development of wearable biomedical health-care System"** International Journal of Applied Engineering Research Volume, Taiwan,2018

Now-a-days health problems like cardiac failure, lung failures heart related diseases are arising day by day at a very high rate. Due to these problems time to time health monitoring is very essential. A modern concept is health monitoring of a patient wirelessly.

3.)Shubham banks, Isha madan, S.S. Saranya. **" Smart health care monitoring using IOT"** International Journal of Scientific and Engineering Research volume,2019.

IoT in healthcare is the key player in providing better medical facilities to the patients and facilitates the doctors and hospitals as well.

4.) Md. Milton Islam, Md. Rashedul Islam. "**Development of smart health care monitoring system in IOT Environment"**International Journal of Scientific and Engineering Research volume,2020.

Healthcare monitoring system in hospitals and many other health centers has experienced significant growth, and portable healthcare monitoring systems with emerging technologies are becoming of great concern to many countriesworldwide nowadays. The advent of Internet of Things (IoT) technologies facilitates the progress of healthcare from face-to-face consulting to telemedicine.

5) S.Ravali, Dr. Lakshmi Priya, **"Design and implementation of smart hospital using IOT",**International Journal of scientific and technology Research volume ,2021

The main objective of this investigation is to design patient health monitoring system and to focus on the nature of the transmission. The wireless sensor network tracks patient health parameters and communicates via the GPRS interface to the far end. For those patients who are not in the life-threatening condition, but need to be constantly observed

III. PROPOSED METHOD

This system uses temperature sensor, pulse rate sensor, respiratory and blood pressure to measure temperature, pulse rate, blood pressure, respiratory rate and heart beat. The above is an important parameter for a patient so that the doctor will monitor and can take immediate actions without delay if he finds any abnormality in the patient's heart beat, temperature and blood pressure. In the system, the node from the sensors are attached to the patient's body that finds the temperature, heartbeat, blood pressure, respiratory rate of the patient and is fed to the Arduino microcontroller. Controller send patient condition to IOT. The doctor can access these data from the other side. IoT is implemented to share these health information's with the doctor. If there is any variation in his condition, i.e if the condition becomes critical, the doctor is alerted so that he can treat his/her patient immediately. So provide the doctor treatment immedietly.

IV. HARDWARE MODULES

1.ARDUINO CONTROLLER (ESP8266)

2. HEART BEAT SENSOR (NAX30100)

3. BLOOD PRESSURE SENSOR (BPM200)

4.TEMPERATURE SENSOR(LM35)

5. RESPIRATORY SENSOR (SA9311M)

6.RELAY(5V)

7.SOLENOID VALVE

HEART BEAT SENSOR (NAX30100)

A person's heartbeat is the sound of the valves in his/her heart contracting or expanding as they force blood from one region to another. The number of times the heart beats per minute (BPM), is the heart beat rate and the beat of the heart that can be felt in any artery that lies close to the skin is the pulse
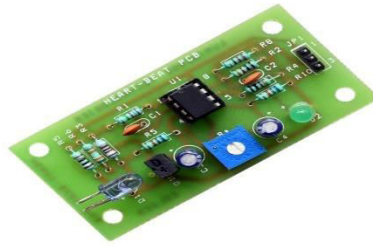
TEMPERATURE SENSOR(LM35)

A temperature sensor is a device used to measure temperature. This can beair temperature, liquid temperature or the temperature of solid matter. There are different types of temperature sensors available and they each use different technologies and principles to take the temperature measurement.

ARDUINO CONTROLLER (ESP8266)

Arduino is an open-source electronics platformbasedoneasy-to-usehardware and software. boards are able to read inputs - light on a sensor, a finger on a button, or a Twitter message - and turn it into an output - activating a motor, turning on an LED, publishing something online.


SOLENOID VALVE

A solenoid valve is an electrically controlled valve. The valve features a solenoid, which is an electric coil with a movable ferromagnetic core (plunger) in its center. In the rest position, the plunger closes off a small orifice. An electric current through the coil creates a magnetic field.

RELAY(5V)

Relays are electric switches that use electromagnetism to convert smallelectrical stimuli into larger currents. These conversions occur when electrical inputs activate electromagnets to either form or break existing circuits. Relays can be of different types like electromechanical, solid state Electromechanical relays are frequently used.
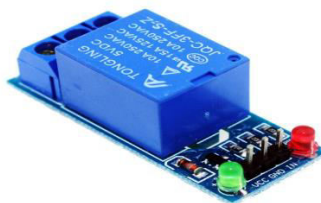
BLOOD PRESSURE SENSOR (BPM180)

The Blood Pressure Monitor – BPM180 is an easy-to-use portable apparatus designed to monitor blood lines. It can be powered using AC power or with a 12V battery that is recharged by an internal circuit, which operates when there is blackouts or during patient transportation.

RESPIRATORY SENSOR(SPO2)

The respiration sensor is a sensitive girth sensor worn using an easy fitting high durability woven elastic band fixed with a length adjustable webbing belt. It detects chest or abdominal expansion/contraction and outputs the respiration waveform.

SOFTWARE REQUIREMENT:

- ARDUINO IDE

- IOT

ARDUINO IDE:

The Arduino Software (IDE) makes it easy to write code and upload it to the board offline. We recommend it for users with poor or no internet connection. This software can be used with any Arduino board.There are currently two versions of the Arduino IDE, one is the IDE 1.x.x and the other is IDE 2.x. The IDE 2.x is new major release that is faster and even more powerful to the IDE 1.x.x. In addition to a more modern editor and a more responsive interface it includes advanced features to help users with their coding and debugging.

INTERNET OF THINGS

IOT devices are often called "smart" devices because they have sensors and can conduct complex data analytics. IOT devices collect data using sensors and offer services to the user based on the analyses of that data and according to user-defined parameters. For example, a smart refrigerator uses sensors (e.g., cameras) to inventory stored items and can alert the user when items run low based on image recognition analyses. Sophisticated IOT devices can "learn" by recognizing patterns in user preferences and historical use data

APPLICATIONS OF IOT

1. Smart Door access control system

2. Smart lighting for home and office

3. Automated Gate and garage

V. RESULT

HARDWARE DESIGN
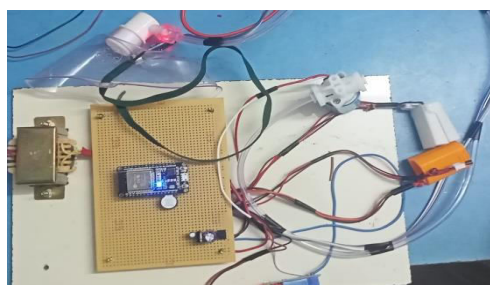
The small transformer is connected to the whole set up for current supply.Our system consists of heart beat sensor,SPO2 sensor, LM35, BP sensor and Respiratory sensor. Here the sensors is interfaced with node MCU when there is a abnormal change in threshold value it immediately sends the warning notification to the doctor with the sensor values now the diagnosis is done by the doctor and prescribe medicine or any emergency he notifies the patient to admit in the hospital through node MCU. These sensors are connected with the node MCU and the 5v power is supplied to the nod Relay and Solenoid valve are used to supply the oxygen automatically

SOFTWARE DESIGN

This systemusestemperaturesensor, pulse rate sensor,respiratory and pressure to measure temperature and pulse rate, blood pressure, respiratory rate. The above parameters of the patients are monitor by the doctor. If the above parameters are attain abnormal condition then it send an alarm to the doctor .The alert will send to doctors by using mobile app it is come under IOT implementations.The action will take immediately by giving the oxygen supply to the patients and it save the serious level patients.The relay and solenoid valve are used to give a automatic oxygen supply.

VI. CONCLUSION

The main objective of the experiment was successfully achieved and remote viewing module gave out the intended results. The designed system modules can further be optimized and produced to a final single circuit. More important fact that came up during project design is that all the circuit components used in the remote health detection system are available easily. the development in the integrated circuit industry and microcontrollers have become affordable, have increased processing speeds, miniaturized and time efficient. This has led to increased development of embedded systems that the healthcare specialists are adopting. These embedded systems have also been adopted in the Smartphone technology.

VII. FUTURE SCOPE

The Remote Health Care system utilizes these concepts to come up with a system for better quality of life for people in society. From an engineering perspective, the project has seen concepts acquired through the computer science and

embedded study period being practically applied. The Electric circuit analysis knowledge was used during design and fabrication of the individual modules. Electromagnetic fields analysis used in the wireless transmission of microcontrollers and Software programming used during programming of the microcontrollers to come up with a final finished circuit system.

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