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Wireless Body Sensor Network Using Wearable Health Monitoring Gadget

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ABSTRACT: Monitoring your beloved ones becomes a difficult task in the modern day life. Keeping track of the health status of the patient at home is a difficult task. Especially old aged patients should be periodically monitored and their loved ones need to be informed about their health status from time to time while at work. So we propose an innovative system that automated this task with ease. Our system puts forward a smart patient health tracking system that uses Sensors to track patient health and uses internet to inform their loved ones in case of any issues. Our system uses temperature as well as heartbeat sensing to keep track of patient health. The sensors are connected to a microcontroller to track the status which is in turn interfaced to an LCD display as well as Wi-Fi connection in order to transmit alerts. If system detects any abrupt changes in patient heartbeat or body temperature, the system automatically alerts the user about the patient's status over IOT and also shows details of heartbeat and temperature of patient live over the internet. Thus IOT based patient health tracking system effectively uses internet to monitor patient health stats and save lives on time.

KEYWORDS — WIFI Connection,IOT, Health Tracking System.

I.INTRODUCTION

In this project, the research is about an IoT-based health monitoring system. In particular, for COVID-19 patients, high blood pressure patients, hypertension patients, diabetic patients, etc., in a country territory, in rural areas, the number of doctors is not exactly the same as in urban areas. Medical equipment is not readily available in rural areas, except for government medical center. The percentage of patients in these clinics is greater than that in government medical facilities. Similarly, the equipment has, for the most part, ended. As a result, if an emergency situation arises, this hardware component will send a report to the physicians or medical professionals as soon as possible. The remaining work will be done by doctors based on their reports.

II .OBJECTIVE

This project helps to monitoring the health issue of the person and continuously intimating the information of the person .For example heart rate,blood pressure and oxygen level etc...

III. LITERATURE SURVEY

The primary function of this system is to monitor the 3 health parameters of a patient. We have monitored the temperature, Humidity, and Heart Beat of the Patient. The Data collected by these sensors is sent to the Microcontroller. The hiMicrocontroller then transmits the data to the user in the form of SMS. Here we are using the GSM modem in order to transmit the information.

IX. CONCLUSION

With the wide use of internet, this work is concentrated to execute the internet technology to establish a system which would communicate through internet for better health. Internet of Things rules the whole world in various fields, mainly in health care sectors. Hence the present work is done to design an Internet of Things based smart patient health tracking system using an Arduino microcontroller. In this, pulse rate sensor is used to detect the heart beat and temperature sensor to read the temperature and sends the data to the cloud using internet. This information is also sent to the LCD display, so patient can easily know their health status. During critical situations to alert the doctor, the warning message is sent to the doctor's phone and at the same time buzzer turns to alert the care taker. The doctor can view the sent data by logging the specific website or IP address. Hence continuous patient monitoring system is designed.

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