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Parkinson's Disease Detection using Spiral Images

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ABSTRACT: Parkinson's disease (PD) is a progressive neurological disorder that impairs motor functions, resulting in tremors, rigidity, and impaired movement coordination. Early and accurate diagnosis is critical to slow disease progression and enhance the patient's quality of life. Traditional diagnostic methods often depend on subjective clinical evaluations, which may delay detection. In recent years, machine learning and computer vision techniques have gained prominence in medical diagnostics. This study explores an innovative approach for Parkinson's disease detection using spiral drawing images. These drawings, often distorted in PD patients due to tremors and motor impairments, serve as a biomarker for automated analysis.

The proposed methodology leverages feature extraction techniques from spiral images to analyze key attributes such as smoothness, symmetry, and consistency of the drawing. The advanced image processing techniques are employed to preprocess the data, followed by the use of machine learning classifiers to identify patterns indicative of Parkinson's disease. The study also evaluates the effectiveness of deep learning models, specifically Convolutional neural networks (CNNs), to enhance accuracy and robustness in distinguishing affected individuals from healthy controls.

The results demonstrate the potential of this approach to serve as a non-invasive, cost-effective, and efficient diagnostic tool for Parkinson's disease, offering promising implications for early detection and better management of the condition. This paper highlights the importance of integrating artificial intelligence with healthcare diagnostics and presents a comprehensive analysis of the results to encourage further research and implementation in clinical settings.

KEY WORDS: Parkinson's disease, spiral images, machine learning, image processing, neurodegenerative disorders, diagnostic tools, artificial intelligence, feature extraction.

I. INTRODUCTION

Parkinson's disease (PD) is one of the most common neurodegenerative disorders, marked by the progressive deterioration of motor and non-motor functions. It is caused by the degeneration of dopamine-producing neurons in the substantia nigra area of the brain. The symptoms of Parkinson's disease include tremors, rigidity, bradykinesia (slowness of movement), and postural instability. Non-motor symptoms such as depression, cognitive decline, and sleep disturbances often accompany the disease, making its impact even more significant. Early and accurate detection of PD is crucial for effectively controlling symptoms and enhancing the quality of life for affected individuals. However, traditional diagnostic methods often depend on clinical observations and patient history, which can be subjective and lead to delays in diagnosis.

In recent years, interest in leveraging advanced technologies for early detection and monitoring of Parkinson's disease. Among these methods, the analysis of spiral drawings has emerged as a promising approach. Spiral drawings, typically created by individuals using a pen and paper or a digital stylus, serve as an indicator of motor impairments. The patterns of spirals can reveal essential insights into motor dysfunctions such as tremors, irregular pressure application, and inconsistencies in drawing speed. These subtle anomalies in motor control are often challenging to detect with the naked eye but can be effectively analyzed using computational techniques.

The use of spiral images for Parkinson's disease detection involves combining image processing techniques with machine learning methods. First, the spiral drawings are digitized, and key features such as line smoothness, pressure



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variations, and tremor frequency are extracted. Advanced image processing algorithms are employed to preprocess the data, ensuring noise reduction and feature enhancement. These extracted features are subsequently input into machine learning models designed to classify the samples as either PD-affected or healthy. By analyzing large datasets of spiral images, these models can learn to identify patterns associated with the disease, achieving high levels of accuracy and reliability.

One of the significant advantages of this approach is its non-invasive nature. Unlike traditional diagnostic techniques such as brain imaging or invasive tests, spiral drawing analysis can be conducted using simple tools, making it accessible and cost-effective. Additionally, the use of digital technologies enables remote monitoring, which is particularly beneficial for patients in remote or underprivileged areas with limited access to specialized healthcare facilities. Moreover, spiral image analysis provides an objective and quantifiable measure of motor impairments, reducing reliance on subjective clinical assessments.

Several studies have demonstrated the effectiveness of spiral drawings in the rapid detection of Parkinson's disease. Researchers have employed techniques like support vector machines (SVM), convolutional neural networks (CNNs) and deep learning models to analyze spiral patterns. These studies highlight the ability of the machine learning algorithms to distinguish between PD-affected and healthy individuals with remarkable precision. Furthermore, the integration of artificial intelligence (AI) with spiral analysis allows for continuous improvement of diagnostic models through exposure to larger datasets, enhancing their generalizability and robustness.

While it holds potential, there are challenges associated with the use of spiral images for Parkinson's disease detection. Variability in drawing styles among individuals, differences in the tools used for drawing, and the influence of non-motor factors like anxiety or fatigue may impact the accuracy of the analysis. To overcome these challenges, researchers are exploring standardized protocols for spiral drawing collection and the incorporation of multimodal data, such as handwriting dynamics and clinical metrics, to enhance the diagnostic framework. Additionally, ethical considerations, such as data privacy and informed consent, are critical to ensuring the responsible use of data of patients in research and clinical settings.

In conclusion, the application of spiral images for Parkinson's disease detection represents a convergence of neuroscience, computational science, and artificial intelligence. It underscores the transformative potential of technology in healthcare, enabling early diagnosis, personalized treatment strategies, and continuous monitoring of disease progression. By leveraging machine learning and digital health tools, this approach holds the potential to transform how Parkinson's disease is detected and managed, paving the path for better results for patients worldwide.

II. BACKGROUND

Parkinson's disease (PD) is a progressive disorder affecting the nervous system that primarily affects motor control, leading to symptoms such as tremors, rigidity, bradykinesia (slowness of movement), and postural instability. The prompt detection of PD is vital for effective management and to slow its progression, but traditional diagnostic methods, such as clinical evaluations and neuroimaging, often depend on subjective assessments and may miss subtle early-stage symptoms. Over the years, researchers have turned to advanced techniques such as image processing and machine learning to enhance early detection. One innovative approach involves using spiral images, acquired through medical imaging modalities like MRI or CT scans. Spiral imaging methods provide more detailed and rapid acquisition of data, particularly helpful in capturing intricate neural structures affected by Parkinson's. These images can be analyzed using various algorithms to identify subtle alterations in brain structures, like degeneration of dopamine-producing neurons in regions like the substantia nigra. By applying image processing techniques such as feature extraction, segmentation, as well as pattern recognition, it is possible to identify specific biomarkers or structural changes indicative of Parkinson's disease. Moreover, machine learning techniques can be trained to classify these patterns, facilitating early diagnosis with greater accuracy. This method is gaining traction due to its potential to offer non-invasive, reproducible, and more objective diagnostic tools, reducing the dependence on expert interpretation and providing a means for continuous monitoring of the disease's progression.



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III. PROBLEM DESCRIPTION

The detection of Parkinson's disease (PD) in its early stages presents a significant challenge due to the subtlety of initial motor symptoms and the reliance on subjective clinical evaluations. Current diagnostic methods, including neuroimaging techniques like MRI and CT scans, are often limited by the expertise required for interpretation and the difficulty of detecting early neurodegenerative changes in the brain. While spiral imaging, which offers high-resolution, rapid data acquisition, has shown promise in capturing intricate brain structures affected by PD, extracting clinically important features from these complex images remains a difficult task. The main problem lies in accurately processing and analyzing the large volume of spiral image data to identify subtle changes linked with PD, such as dopamine depletion in the substantia nigra. Advanced image processing methods, like segmentation, feature extraction, and pattern recognition, are essential but computationally intensive, requiring robust algorithms to avoid errors in detection. Additionally, applying machine learning models to these images requires large, diverse datasets to train the system effectively, ensuring reliable and generalized predictions across different patient demographics. Despite the potential of spiral image analysis for early PD detection, challenges in computational efficiency, data quality, and embedding into clinical workflows hinder its broader implementation in medical practice.

IV. LITERATURE REVIEW

1. Multimodal Detection of Parkinson Disease Based on Vocal and Improved Spiral Test

This paper presents an innovative and practical approach to Parkinson's Disease (PD) diagnosis by integrating vocal analysis with motor assessments through spiral tests. The multimodal approach not only achieves impressive accuracy rates but also highlights the potential for remote, accessible diagnostics via smartphone applications. By focusing on early detection, the study addresses a critical healthcare need. However, its reliance on limited and region-specific datasets introduces potential biases, limiting its generalizability. This study introduces a practical approach for diagnosing PD by combining vocal analysis with motor assessments using spiral tests.

2. Predicting Rapid Progression of Parkinson's Disease at Baseline Patients Evaluation

This paper provides valuable insights into predicting rapid progression in Parkinson's Disease (PD) patients, provides early detection for effective management. By leveraging the PPMI dataset and various machine learning models, the study identifies key markers that could significantly enhance personalized treatment plans. While the approach demonstrates high sensitivity and specificity, its dependence on a single dataset and computationally intensive methods may hinder broader application. Nevertheless, in spite of achieving high sensitivity and specificity, the findings are limited by reliance on a single dataset and computationally demanding techniques.

3. Gait Initiation Evaluation After Deep Brain Stimulation for Parkinson's Disease: A 7-Year Follow-Up

This study sheds light on the long-term effects of DBS-STN on gait initiation in Parkinson's Disease patients, offering important insights into its short- and medium-term benefits. The use of advanced methodologies like PCA and GRF analysis ensures a detailed understanding of motor function improvements post-surgery. However, the small sample size and focus solely on gait initiation limit the generalizability and scope of the findings. Despite these limitations, the research underscores the need for supplementary therapies to maintain mobility as DBS benefits wane over time, paving the way for more holistic treatment approaches in advanced PD stages.

4. Parkinson's Disease Progression Prediction using Advanced Machine Learning Technique

This study showcases the potential of advanced machine learning techniques in predicting Parkinson's Disease progression, emphasizing the value of proteomic data in improving clinical decision-making. With the help of rigorous preprocessing, efficient feature selection, and well-optimized models like CatBoost and XGBoost highlights the robustness of the approach. However, the less sample size and reliance on specialized techniques, such as CSF mass spectrometry, restrict its broader applicability and scalability. Despite these challenges, the research lays as backbone for integrating machine learning into personalized medicine, underscoring the require for larger and more diverse datasets to ensure its reliability and generalizability in real-world clinical settings.

5. Detection of Parkinson's Disease Using Rating Scale

This paper presents an innovative approach to addressing limitations in traditional Parkinson's Disease rating scales by introducing the ABHITA scale, which integrates advanced techniques like imaging and voice-based technology. The



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proposed scale offers improved pre detection and clearer differentiation between disease stages, showing its potential to enhance diagnostic precision. However, the lack of large-scale clinical trials and reliance on subjective evaluations and advanced equipment pose challenges for widespread adoption. To increase credibility and accessibility, further validation through diverse clinical studies and simplification of technological requirements is recommended.

6. Early Detection of Parkinson's Disease Through Shape-Based Features From I-123 Ioflupane SPECT Imaging

This approach uses shape-based analysis of SPECT imaging to achieve high classification accuracy of 99.42%. By incorporating advanced image processing techniques with machine learning, it highlights the clinical potential of combining Striatal Binding Ratios, radial distances, and gradient features for robust diagnosis. However, the approach's reliance on the PPMI dataset and the complexity of feature extraction pose challenges for broader implementation. Expanding validation efforts to include diverse populations and simplifying methodologies could further enhance its practical applicability in clinical settings. Challenges include reliance on complex datasets and the need for simpler methodologies.

7. Classification and Visualization Tool for Gait Analysis of Parkinson's Disease

This paper introduces an accessible and innovative approach to diagnosing Parkinson's Disease through gait analysis, utilizing features such as difficulty in walking and swing ratio difference. The integration of regression formulas and 3D visualization tools enhances diagnostic clarity, achieving a commendable classification accuracy of 90%. However, the study's small dataset and age-related overlap between control and early-stage PD groups limit its generalizability. Expanding the sample size and incorporating additional features beyond gait analysis could strengthen the method's reliability and applicability. Despite these limitations, the study provides valuable contributions to early PD detection and monitoring frameworks.

8. Classification Using Radial Basis Function for Prediction of Parkinson's Disease

The study highlights the effectiveness of Radial Basis Function (RBF) networks in predicting Parkinson's Disease severity with high accuracy and computational efficiency. By leveraging voice data, the approach offers a non-invasive and cost-effective solution for telemonitoring. However, the study's dependence on the UCI dataset and its focus solely on voice features restrict its generalizability and scope. Future research integrating diverse datasets and multimodal biomarkers could further enhance the model's reliability and clinical relevance, making it a more comprehensive tool for PD diagnosis and management.

9. Prediction of Parkinson's Disease Using Principal Component Analysis and the Markov Chains

It introduced a novel hybrid approach using (PCA) and Markov Chains to diagnose and predict Parkinson's Disease, effectively addressing the challenges of high-dimensional data and dynamic disease progression. By leveraging PCA for dimensionality reduction and Markov Chains for modeling disease states, the study offers a robust framework for early detection and progression prediction. However, its reliance on EEG data and limited validation restrict its generalizability. Expanding the dataset and incorporating additional biomarkers could enhance the model's reliability and applicability. Challenges include limited validation and EEG-based reliance.

10. Brain Network Analysis Between Parkinson's Disease and Health Control Based on Edge Functional Connectivity

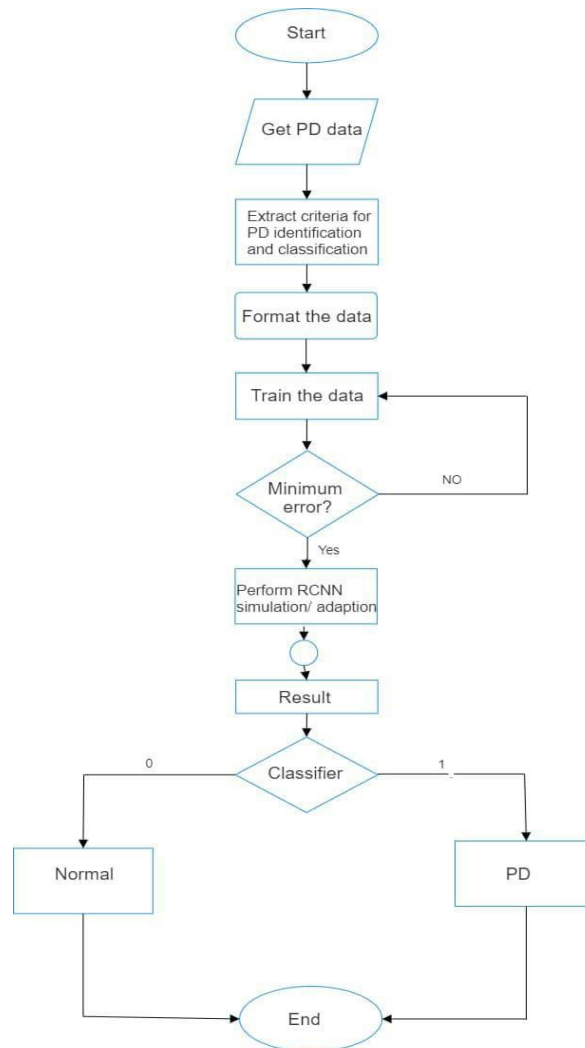
This study introduces an innovative edge-based functional connectivity (eFC) approach for analyzing brain networks in Parkinson's Disease, offering superior diagnostic accuracy and uncovering novel biomarkers compared to traditional nodal methods. By providing a more granular view of connectivity dynamics, eFC enhances our understanding of PD pathology, particularly in key regions like the basal ganglia and cerebellum. However, the study's small sample size and high computational demands pose challenges for broader clinical adoption. Validation on larger, multi-center datasets and improvements in computational efficiency will be essential to fully realize the clinical potential of this method.



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V. METHODOLOGY



Methodology for the Parkinson's Disease Detection Flowchart

1. Start:

The process begins with the initiation of the system, which aims to detect and classify Parkinson's Disease (PD). This step sets up the framework and ensures that all necessary resources, datasets, and computational tools are in place for the subsequent steps.

2. Get PD Data:

This step involves acquiring relevant data related to Parkinson's Disease from reliable sources such as medical databases, clinical studies, or public datasets. The data typically includes patient records, biomarkers, clinical symptoms, or diagnostic images. Ensuring data quality and relevance is crucial at this stage for achieving accurate results.

3. Extract Criteria for PD Identification and Classification:

The collected data is analyzed to identify criteria that are critical for diagnosing and classifying PD. These criteria may include specific features such as motor symptoms, voice data, or neuroimaging markers. This step establishes a foundation for distinguishing between PD patients and healthy individuals, ensuring the model focuses on relevant characteristics.



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4. Format the Data

The raw data is preprocessed and formatted to prepare it for machine learning. This includes cleaning the data to remove inconsistencies, normalizing values for uniformity, handling missing values, and converting data into a structured format suitable for analysis. Proper data formatting ensures that the model receives high-quality inputs, reducing errors during training.

5. Train the Data:

In this step, a machine learning model is trained using the preprocessed data. The model learns patterns and relationships within the data that distinguish between PD and non-PD cases. Training involves iterative processes to optimize the model's parameters and improve its accuracy. The choice of algorithm and techniques used (e.g., neural networks, support vector machines) depends on the complexity and type of data.

6. Minimum Error Validation:

The trained model is validated against a test dataset to evaluate its performance. The error rate is calculated to measure how accurately the model classifies the data. If the error is above the acceptable threshold, the model is retrained, adjusting parameters or algorithms to improve its performance. This iterative process ensures the model achieves high accuracy.

7. Perform RCNN Simulation/Adaptation:

Once the model achieves the desired level of accuracy, advanced techniques such as Region-based Convolutional Neural Network (RCNN) simulations are implemented. This step enhances feature extraction, ensuring the model can effectively differentiate subtle patterns in the data. RCNNs are particularly useful for handling complex datasets like medical images or high-dimensional features.

8. Result Generation:

The system generates results based on the trained model's predictions. The output indicates whether the input data corresponds to a healthy individual or a PD patient. This stage provides a reliable diagnostic outcome for further analysis or decision-making.

9. Classifier Decision:

The classification output is processed to categorize the results into two classes: "Normal" for individuals without Parkinson's Disease and "PD" for those diagnosed with the condition. This clear distinction enables accurate diagnosis and supports clinical applications.

10. End:

The process concludes by providing the final classification results. The system's end goal is achieved, offering a reliable and efficient framework for Parkinson's Disease detection and classification.

This step-by-step methodology ensures a systematic, accurate, and data-driven approach to detecting Parkinson's Disease, utilizing advanced machine learning and diagnostic techniques.

VI. CONCLUSION

Spiral images are used in the detection of Parkinson's disease represents a groundbreaking approach that combines the power of computational analysis and artificial intelligence to mitigate the shortcomings of traditional diagnostic methods. Compared to conventional clinical evaluations, which often rely on subjective observations, this methodology offers an objective and quantifiable means of assessing motor impairments. Similarly, while advanced imaging techniques such as MRI and PET scans provide detailed insights into neurodegenerative changes, they are often costly, invasive, and inaccessible to many patients. In contrast, spiral image analysis is a non-invasive, cost-effective, and user-friendly alternative, making it suitable for broader adoption, especially in resource-constrained settings. When compared with other emerging AI-driven techniques, such as voice analysis and gait pattern evaluation, spiral drawing analysis offers a unique advantage by focusing directly on fine motor skills, which are among the earliest functions affected in Parkinson's disease. The simplicity of the spiral test, combined with the sophistication of machine learning algorithms, allows for high accuracy while minimizing patient discomfort. Furthermore, this approach supports remote monitoring and telehealth applications, offering a scalable solution for continuous disease tracking and management.



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While challenges such as variability in drawing styles and external influences remain, ongoing advancements in feature extraction, multimodal data integration, and standardized protocols are expected to enhance the reliability of spiral-based diagnostics. In conclusion, the integration of spiral image analysis with machine learning and healthcare technology holds significant promise as an innovative, efficient, and accessible tool for early Parkinson's disease detection and management, complementing and potentially surpassing existing diagnostic methodologies.

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