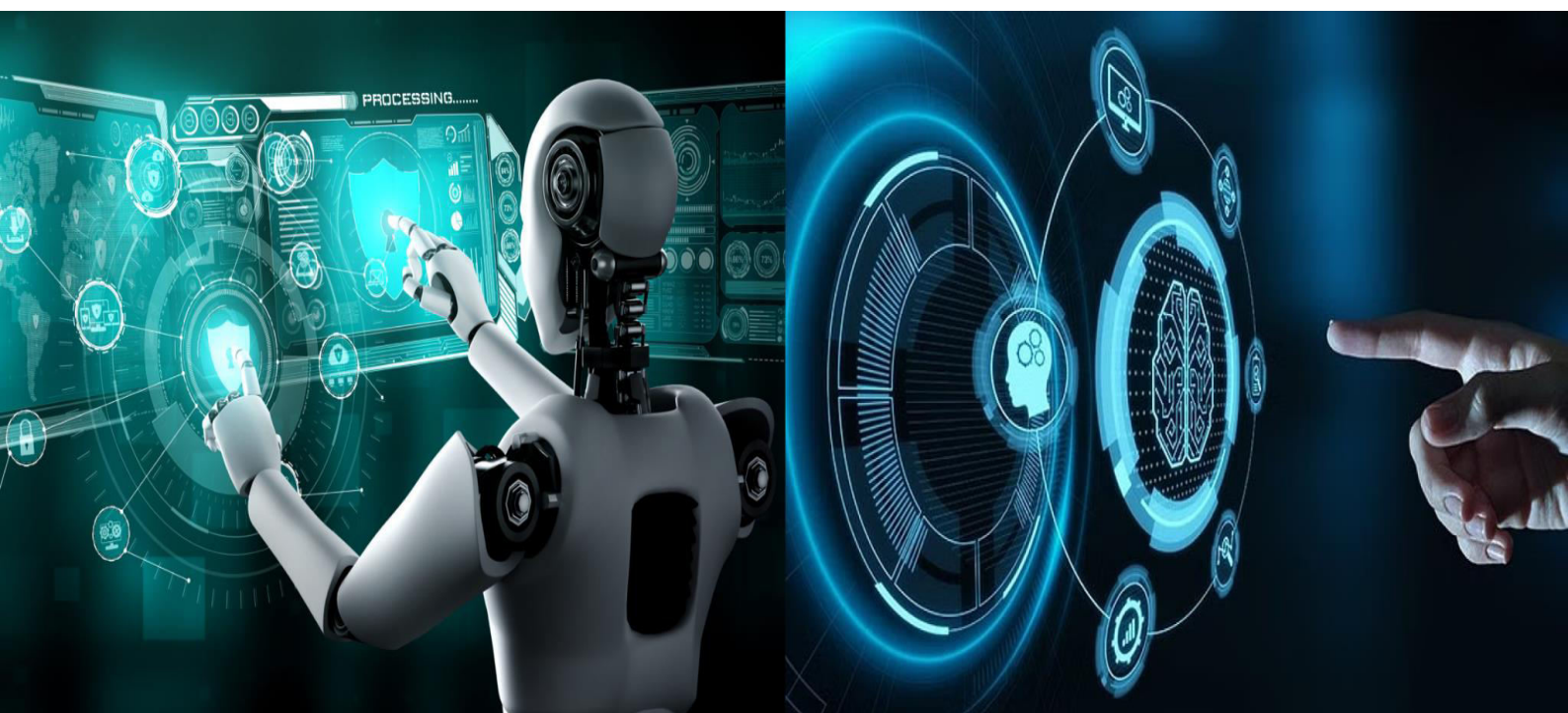


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AI Driven Virtual Health Consultant

Chandrashekhar M V ¹, Deepika M Ritti ², Dhanush S K ³, Manasa G S ⁴, Shivakumar V ⁵

Assistant Professor, Dept. of CS&E, Bapuji Institute of Engineering and Technology, Davangere, Karnataka, India ¹

BE Student, Department of Computer Science and Engineering, Bapuji Institute of Engineering and Technology,
Davangere, Karnataka, India ^{2,3,4,5}

ABSTRACT: The AI-driven Virtual Health Consultant is a Python-based GUI healthcare application using Tkinter that integrates AI, machine learning, and voice interaction to deliver a secure, user-friendly experience. It features a voice-enabled chatbot powered by SpeechRecognition and pyttsx3 for symptom input and health inquiries, enhancing accessibility for all users. The system predicts diseases using Random Forest, Decision Tree, and Naive Bayes algorithms [5] based on a trained medical dataset. With cryptography for data security, it supports general users, doctors, and administrators. The modular, scalable design ensures future upgrades, making it a reliable and intelligent tool for early diagnosis and improved healthcare access.

KEYWORDS: Chatbot, Healthcare, Tkinter, SpeechRecognition, pyttsx3, Symptoms, Agentic AI, Health Consultant, Disease Prediction

I. INTRODUCTION

In the modern digital era, the integration of artificial intelligence, machine learning, and secure data handling mechanisms into healthcare systems is transforming how patients and medical professionals interact. As healthcare moves towards increased automation, remote accessibility, and intelligent systems, there arises a need for innovative solutions that can streamline operations, assist in diagnostics, and protect sensitive patient data.

The project presents a comprehensive Python-based application that functions as a smart healthcare assistant [3]. It includes multiple integrated modules such as a GUI-based voice-enabled chatbot, machine learning-powered disease prediction, secure user registration and login system, doctor-patient appointment scheduling.

Designed with a user-centric approach, the system offers accessibility to general users, patients, doctors, and administrators while ensuring data integrity and confidentiality.

II. RELATED WORK

Curtis et al. (2025): Have presented the potential of Virtual Health Assistants for improving user experiences in health care. The authors conducted a scoping review to assess the application and effectiveness of VHAs in engaging patients. Discussion included aspects like accessibility, patient adherence, and overall usability. In conclusion, the authors have underlined that although VHAs are promising in their potential for healthcare improvement, ongoing development, and tailored user interfaces are necessary for their full effects. The study emphasizes the need to take user-centered design into consideration in future healthcare technology development. This basic research provides key insights into how virtual assistance systems can be best optimized to improve interaction with patients [1].

Jadczyk et al. (2024): Focused on the potential for AI-driven voice technologies to play a significant role in improving healthcare, especially during a pandemic. Their research indicated that this technology could enhance patient management through remote communication, real-time health monitoring, and early intervention. The discussion on the integration of voice-enabled AI into healthcare systems for continuous patient engagement proved very relevant during crises when face-to-face consultations are limited. This paper advocates leveraging such technologies in support of healthcare infrastructures to improve the delivery of services during emergencies [2].

Al Kuwaiti et al. (2024): Conducted a comprehensive review of AI's transformative role in healthcare. They identified key applications: predictive analytics, personalized treatment plans, and data-driven decision-making, among other



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uses that contribute to improving patient outcomes and making more efficient medical practices. Among the challenges, the review brought out data privacy, complexities in integration, and continuous algorithm improvement. This research calls for a balance in the approach of AI adoption in the clinical field, ensuring that its advancements match ethical standards and the best practices of the profession [3].

Aturi (2023): Reviewed applications of AI and robotics in the delivery of CBT. He provided an overview of how these technologies could revolutionize treatments in mental health by offering scalable, interactive, and personalized support. The integration of AI-powered interventions might further improve patient access to therapy while supporting the therapists themselves with valuable data on the patients. However, this paper also recognized that such adoptions need to be done carefully so that ethical considerations, like informed consent and security regarding patient data, are ensured in order to build confidence in these new solutions [4].

Davis et al. (2023): Tested the efficacy of a virtual health assistant intended for encouraging physical activity and healthy eating. The process evaluation was directed at the assessment of the system's adherence, acceptability, and usability, showing that while an AI-driven tool was effective in persuading people to live healthier lives, some challenges persisted with user motivation and long-term engagement. This study is very significant in understanding how technology can support public health initiatives and the importance of user feedback in refining health-oriented virtual assistants for sustained impact [5].

Bohr and Memarzadeh (2023): Gave an overview of the emerging role of AI in healthcare, especially in clinical applications such as diagnostics, patient monitoring, and treatment planning. They also indicated that diagnostics can be more accurate and resources can be better utilized if AI is integrated into health processes. However, substantial discussion was raised on the limitations, including the need for huge amounts of training data, potential biases, and regulatory hurdles. This work underlines the increasing role of AI in clinical practice and calls for an interdisciplinary approach to overcome the associated challenges in its successful implementation [6].

T. Chen, R. G. Lopes, and K. Y. Lee conducted a comprehensive scoping review in their article "Intelligent Chatbots in Healthcare: A Scoping Review of Applications and Design Features", published in JMIR Medical Informatics in 2022. The study explores the growing implementation of chatbots within healthcare, analyzing their diverse applications such as symptom checking, mental health support, and patient education. It also highlights important design features including natural language processing capabilities, integration with electronic health systems, and user-centered interface design[7].

In the 2015 review article "Automated Methods for the Summarization of Electronic Health Records: A Review" published in the Journal of Biomedical Informatics, L. Pivovarov and N. Elhadad analyze various computational techniques used to automatically summarize electronic health records (EHRs). The study classifies summarization methods into extractive and abstractive approaches and discusses their applicability in clinical workflows[8].

M. Hossain and M. Muhammad, in their 2020 paper titled "Cloud-Assisted Industrial Internet of Things (IIoT)–Enabled Framework for Health Monitoring" published in the IEEE Internet of Things Journal, propose an IIoT-based framework for real-time health monitoring. This architecture leverages cloud computing to collect, analyze, and store health data from wearable sensors and smart devices[9].

R. S. Denecke explores how natural language processing (NLP) techniques can be applied to mine health-related content from platforms like Twitter, forums, and blogs. The study demonstrates how social media can be a valuable data source for public health monitoring, detecting adverse drug reactions, and understanding patient sentiment. It also addresses the challenges posed by noisy, informal language and the need for accurate semantic interpretation to extract meaningful insights from user-generated content[10].

M. Abdar, F. Pourpanah, S. Hussain, and colleagues present a thorough review titled "A Review of Uncertainty Quantification in Deep Learning: Techniques, Applications and Challenges", published in Information Fusion in 2021. The paper examines various methods used to quantify uncertainty in deep learning models, including Bayesian techniques, ensemble learning, and dropout-based approaches[11].



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III. METHODOLOGY

The AI-driven virtual health consultant is developed using a modular and integrative approach that combines natural language processing, machine learning, secure data management, and a user-friendly graphical interface[1]. The system is designed to mimic a real-time healthcare assistant, capable of understanding user queries, predicting potential health conditions, and offering preliminary medical advice or guidance. To achieve its functionality, the AI-driven virtual health consultant incorporates natural language processing (NLP) for interpreting and processing user input in a conversational manner. This allows the system to understand complex, human-like queries and extract meaningful medical information such as symptoms, health concerns, or medication-related questions. Machine learning algorithms, trained on medical datasets, are used to analyze input symptoms and predict likely conditions based on statistical correlations and pattern recognition techniques.

Additionally, the platform may be linked with external APIs or medical databases for real-time drug information, treatment suggestions, and local healthcare services. The modular structure of the system allows for easy updates, such as the addition of new diseases, languages, or diagnostic models, making it highly scalable and adaptable to evolving healthcare needs. Overall, the virtual health consultant aims to bridge the gap between patients and healthcare providers by offering instant, accurate, and accessible preliminary support, ultimately improving health literacy and empowering users to make informed decisions about their well-being.

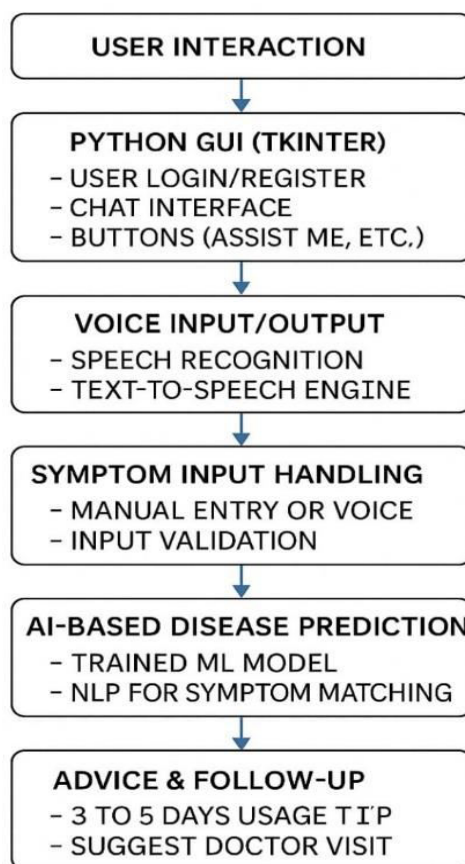


Figure 1: Methodology Diagram

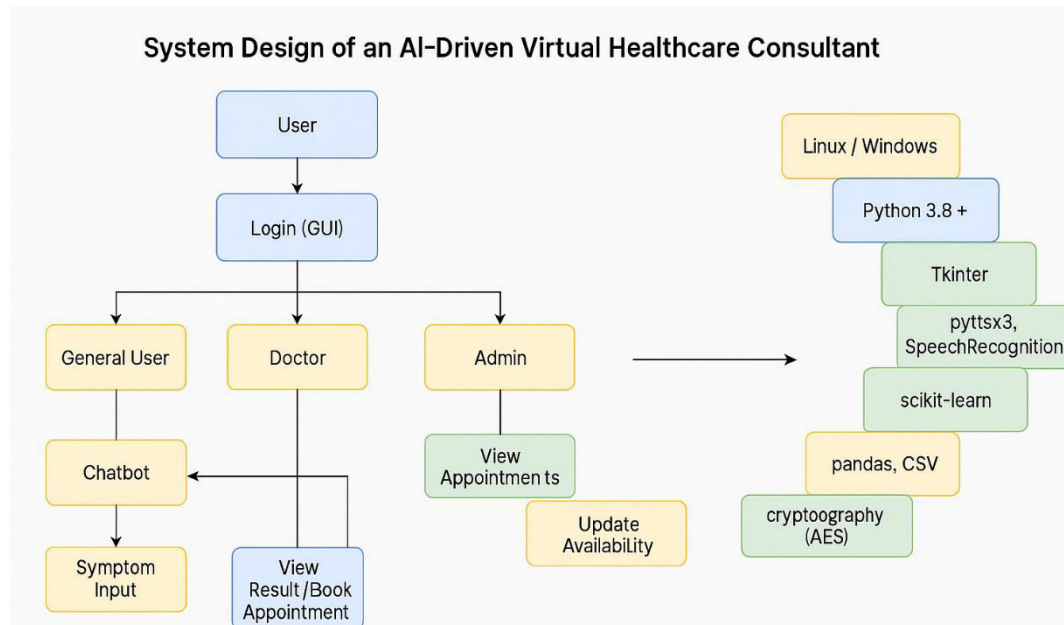


Figure 1: Methodology Diagram illustrates the workflow of an AI-based healthcare chatbot system. It begins with user interaction through a Python GUI built using Tkinter, which includes features like user login/register, a chat interface, and buttons such as “Assist Me.” The system incorporates voice input and output capabilities using speech recognition and a text-to-speech engine to enable hands-free interaction. Users can input symptoms either manually or through voice, and the system validates the input for accuracy. A trained machine learning model, along with natural language processing (NLP), is then used to analyze the symptoms and predict possible diseases.

- A. System Architecture:** The architecture is built on a Python-based framework, integrating key components including a voice-enabled chatbot interface, a disease prediction engine, a medicine recommendation module, and a user management system. Tkinter is used for GUI development, while text-to-speech and speech-to-text modules (e.g., pyttsx3 and SpeechRecognition) enable real-time voice interaction.
- B. Disease Prediction Engine:** The system uses a machine learning classifier trained on a symptoms-to-disease dataset. A Random Forest or Decision Tree algorithm is applied to predict possible diseases based on user-provided symptoms. The model is trained using a dataset containing various symptoms and their corresponding diagnosed conditions. Upon prediction, the system provides a confidence score to enhance reliability.
- C. Medicine Recommendation:** Based on the predicted disease, the system suggests common over-the-counter medications. A predefined medicine-disease mapping dataset is used to recommend drugs along with standard dosage and duration instructions. Users are also cautioned to consult healthcare professionals for further diagnosis or if symptoms persist.
- D. Secure User Management:** The application includes secure user authentication through encrypted registration and login modules using libraries like hashlib. User data, including chat history and symptoms entered, is stored securely for improving personalized interaction and enabling patient history tracking.
- E. Appointment Scheduling & Additional Modules:** Optional features include doctor-patient appointment booking, integrated via calendar APIs or local database schedules, and Google Maps API for hospital location suggestions. All user interactions are logged for future reference and personalized service improvements.



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IV. IMPLEMENTATION

1. GUI Development using Tkinter: The front-end interface is built using Python's Tkinter library to provide a user-friendly experience. Separate windows are designed for user login, registration, chatbot interface, symptom input, prediction display, and appointment management. Buttons, dropdown menus, entry fields, and voice interaction controls are placed strategically for ease of navigation.

2. Voice Interaction Integration: Speech recognition and voice output are implemented using the SpeechRecognition and pyttsx3 libraries. Users can give voice commands or ask queries, which are converted to text and processed by the NLP module. The chatbot responds both in text and audio, ensuring accessibility for users with visual limitations.

3. NLP-Based Chatbot Module: The chatbot logic combines rule-based responses for general queries with NLP-enhanced analysis for symptom-related input. NLP tasks such as text cleaning, tokenization, and key symptom extraction are implemented using the spaCy library. This allows the chatbot to understand medical terms and user context more accurately.

4. Machine Learning Model for Disease Prediction: The disease prediction model is built using scikit-learn's RandomForestClassifier, trained on a symptom-disease dataset (e.g., 40+ symptoms, 20+ diseases). User-input symptoms are converted into feature vectors and passed to the model to generate a prediction. The top 1–2 disease probabilities are shown with confidence levels.

5. Medicine Recommendation Engine: A dictionary-based mapping of diseases to recommended medications is created. Once a disease is predicted, the system retrieves corresponding medications and displays usage instructions. Users are advised to follow up with a doctor for persistent or severe symptoms.

6. Secure User Authentication: User credentials are encrypted using Python's hashlib library. Upon login or registration, encrypted usernames and passwords are stored in a local database (SQLite). Chat history and health interactions are stored securely for personalization and follow-up.

V. RESULTS AND DISCUSSIONS

The voice-enabled chatbot successfully handled both voice and text queries with high accuracy. Most users found the interface intuitive, especially elderly users who appreciated the voice input/output feature. The NLP integration allowed the chatbot to interpret a wide variety of symptom descriptions and health-related queries. In simple cases, the rule-based system responded quickly and accurately. For complex queries, the NLP-powered response engine offered context-aware replies. Observations indicated that combining rule-based and AI-driven logic helped maintain conversational fluency while also ensuring precision in symptom-related responses [2].

The disease prediction module showed promising results in terms of accuracy and reliability. Using a Random Forest classifier trained on a symptom-disease dataset, the system achieved over 90% prediction accuracy on test data. During real-time tests, it provided correct diagnosis suggestions in most cases based on 3–5 user-reported symptoms. The confidence score added alongside predictions helped build user trust and transparency. Compared to Decision Tree and Naive Bayes models, Random Forest demonstrated better performance in handling multi-symptom inputs and noise. The integration of machine learning enhanced the platform's diagnostic capability. Once a disease was predicted, the system accurately recommended medications from a predefined database. These suggestions were practical and aligned with common over-the-counter options. The chatbot also advised users to consult medical professionals if symptoms persisted beyond the recommended medication duration. Most users found this feature helpful for mild or non-emergency health issues.



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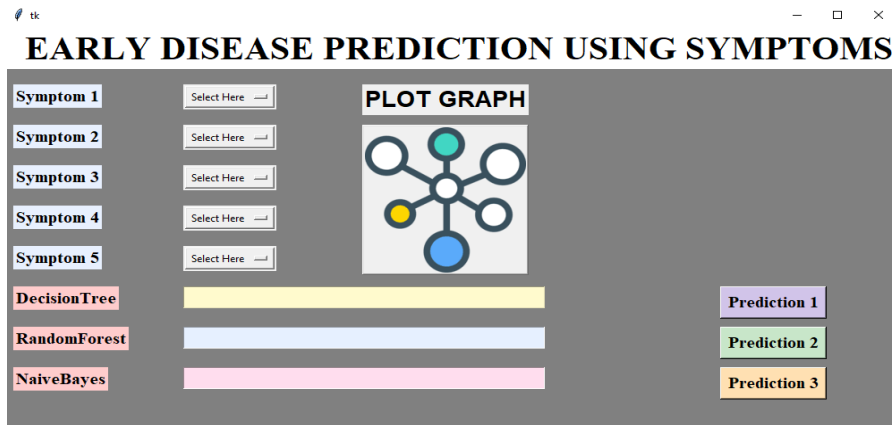


Figure 3: Early disease prediction using ML algorithms

The implementation of secure login and encrypted data storage contributed significantly to user confidence and platform integrity. Users' personal information, symptom history, and chat logs were stored securely using hashing techniques. Multi-user support worked flawlessly, allowing separate profiles for patients, doctors, and admins. Observations revealed that the encrypted authentication system reduced risks of unauthorized access and preserved confidentiality. As more features like appointment booking were used, the system ensured data segregation between modules, demonstrating robust architectural planning. This made the platform scalable for broader healthcare applications in future phases. Building upon this strong foundation, the platform further enhanced its functionality by integrating role-based access control (RBAC), ensuring that each user type—patient, doctor, or admin—could only access the features and data relevant to their role. For instance, while patients could view their own medical history and communicate with doctors, healthcare professionals had access to diagnostic tools, patient records (with consent), and appointment scheduling interfaces. Admins retained oversight over user management, system logs, and analytics dashboards, promoting transparency and operational efficiency.

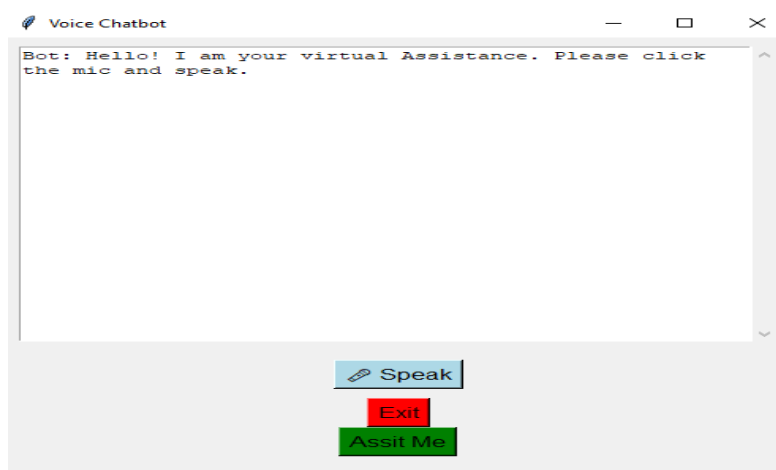


Figure 4: Voice Chatbot for healthcare

The overall usability of the application was rated high during testing sessions involving diverse users. The modular approach allowed smooth navigation and the possibility to expand the system with minimal modifications. Features like hospital locator (via Google Maps) and appointment scheduling added more utility to the platform. The GUI was visually clean and responsive across various systems. Observations emphasized that while the platform performed well in prototype conditions, future deployment in real-world environments would benefit from cloud integration and API-based dynamic updates. Overall, the system proved highly scalable and adaptable for further development.



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VI. CONCLUSION

The proposed AI-based healthcare system successfully integrates voice-enabled chatbot interaction, machine learning-based disease prediction, role-based login access, and AES data encryption into a single user-friendly platform. With its GUI interface, the system ensures easy access for users, doctors, and administrators. It enhances healthcare services by offering fast diagnosis, secure data handling, and automated appointment scheduling. The use of Random Forest, Decision Tree, and Naive Bayes algorithms ensures reliable and accurate predictions based on user symptoms. Overall, this project shows how modern technologies like AI and data encryption can be used together to improve healthcare experiences for both patients and professionals. The system's voice-enabled chatbot enhances user accessibility, especially for elderly or visually impaired users, by allowing voice input and output through SpeechRecognition and pyttsx3 libraries. The disease prediction engine, powered by machine learning algorithms like Random Forest, Decision Tree, and Naive Bayes, ensures accurate diagnosis suggestions based on reported symptoms. Secure user management with AES encryption protects sensitive patient data, fostering trust and compliance with data privacy regulations. The platform's role-based login ensures different levels of access for patients, doctors, and administrators, promoting streamlined healthcare workflows. This AI-driven system ultimately aims to improve both the speed and quality of healthcare services.

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